



908-654-5899



Weekly Lesson

January 28 - February 1, 2019

DRESSING FOR WINTER

Baby, it's cold, outside!



This is the season for lots of warm layers. Sometimes, it feels like it takes longer to put on boots, coats, hats, scarves, and mittens than it does to build the snowman!

This simple chant, "Dressing for Winter," is so much fun to act out in class. Yes, it reinforces the need to take care of oneself by dressing appropriately. But - we have so much fun learning that, while wiggling in to our imaginary snow boots and mittens!

DRESSING FOR WINTER

This is how we dress on a cold, Winter's day.
We put on our snowsuits to go out to play.
Then we put on our boots, for walking in the snow.
Next, our hats and our mittens,
'Cause the wind begins to blow.
And now we're all ready to go out and play.
We'll stay nice and warm,
On this cold, Winter's day!



All Sing A Song songs and activities develop various areas of age-appropriate skills, including language development, gross motor skills, fine motor skills, creative

thinking, listening skills, social interaction skills, self-expression, imaginary play, autonomy and self-esteem.

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