



908-654-5899



Weekly Lesson

April 30 - May 4, 2018

DANCE YOUR FINGERS UP

Perhaps the first body parts children get to know well, are their fingers. Infants love seeing how they move, tasting them, grabbing onto bigger fingers (and hair) - reaching and discovering with every grasp.

This week we feature those delightful digits, with "Dance Your Fingers Up." Sing a Song children love dancing those fingers all around. Developing fine motor skills is so much fun!



After going up, down, side to side, and around, add extra verses like these!

Dance them on your face,
Dance them on your knees.

DANCE YOUR FINGERS UP

Dance your fingers up,
Dance your fingers down,
Dance your fingers side to side,
Dance them all around.
Dance them on your shoulders,
Dance them on your head
Dance them on your tummy,
And put them all to bed.

Dance them on your nose,
And they will make you sneeze. (Achoo!)

Dance them on your ears,
Dance them on your chin.
Dance them on your mouth,
But, do not let them in! (cover mouth)



All Sing A Song songs and activities develop various areas of age-appropriate skills, including language development, gross motor skills, fine motor skills, creative thinking, listening skills, social interaction skills, self-expression, imaginary play, autonomy and self-esteem.

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Sing a Song, LLC

Diane Connor

812 Sherbrooke Drive, Westfield NJ 07090

www.YourSingASong.com

Sing A Song, 812 Sherbrooke Drive, Westfield, NJ 07090

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Sent by dianeconnor@yoursingasong.com